

New!

Come and see Vienna and join our English spoken Shōnishin workshop!

## Introduction

Shōnishin is a quick, safe, and effective treatment method that practitioners can incorporate into their practice to treat babies, children and adults. It involves soft touching the surface of the skin with a metal instrument.

The Japanese paediatric acupuncture technique Shōnishin has been successfully utilised in Japan for the treatment of many ailments.

Shōnishin has an effect on the meridian system as well as on the autonomic nervous system. Thereby energetic and autonomic disorders which are eligible for causing problems or diseases are treated in a smooth and effective way.

The training in Shōnishin is certified by the Japanese Scientific Society of Paediatric Acupuncture (Nihon Shōni Hari Gakkai).

## What You Will Learn

### FOUNDATION WORKSHOP

- History
- Diagnostic principles  
Sensorimotor development (birth to school age)
- Treatment zones  
Treatment techniques
  - Basic treatment, meridian stroking and vibration techniques
  - Many opportunities for hands on practice

### ADVANCED WORKSHOP

- Concept of energetic development
- Diagnostic procedures
- Extended treatment-techniques
- Diagnosis and treatment of KISS babies (Kinetic Imbalances due to Suboccipital Strain), bed wetting, sleep disturbances, emotional symptoms etc...

***Prerequisite: Completion of the foundation workshop is required to participate in the advanced workshop***

## Benefits of Shōnishin

- Non invasive treatment
- Exceptional results
- Quick response to treatment from children and adults
- Suitable for children of all ages (from birth)
- Suitable for elderly people and needle phobic adults
- Rewarding experience for both practitioner and child alike



## About Thomas Wernicke

Thomas Wernicke, MD, MA is a licensed General Practitioner with additional training in complementary medicine, acupuncture, chirotherapy, manual infant and child-treatment, diagnosis in early childhood development, classical homeopathy and psychosomatics.

He is medical director of the therapy center *therapeuticum rhein-main*, where he predominantly treats children.



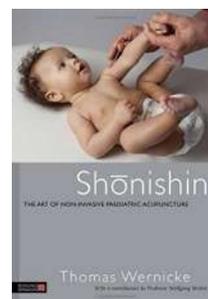
His main interest lies with research and treatment using Shōnishin. He lectures on this subject at Steinbeis Hochschule Berlin (Steinbeis University).

Following training in Osaka by one of Japan's leading paediatric acupuncturists, Masanori Tanioka, Thomas continued to develop Shōnishin and establish new standards.

Thomas is an internationally recognized Shōnishin expert, and in high demand as a Shōnishin trainer in many European countries, Asia (including Japan), Australia and USA. As well as numerous scientific publications Thomas has published several textbooks about Shōnishin.

Thomas is a member of the Japanese Science Society for Paediatric Acupuncture (Nihon Shoni Hari Gakkei) as well as co-founder of the International Society for Traditional Japanese Medicine (IGTJM e.V.).

Author of the highly acclaimed  
**'Shōnishin: The Art of Non-Invasive Paediatric Acupuncture'**



For bookings & further information, please contact

[www.japanischemedizin.org](http://www.japanischemedizin.org)

